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### **DISCLAIMER**

This course and handouts contain general information about medical conditions and treatments. The information is not advice, and should not be treated as such.

#### Limitation of warranties

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- The medical information in this course is complete, true, accurate, up-to-date, or non-misleading.

#### Professional assistance

You must not rely on the information in this course as an alternative to medical advice from your doctor or other professional healthcare provider.

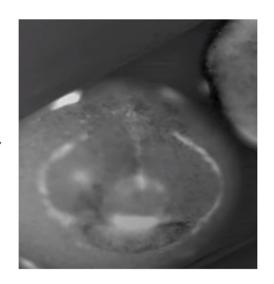
If you have any specific questions about any medical matter you should consult your doctor or other professional healthcare provider.

If you think you may be suffering from any medical condition you should seek immediate medical attention.

You should never delay seeking medical advice, disregard medical advice, or discontinue medical treatment because of information on this website.

## **BIOELECTRIC FIELD**

Tufts biologist Dr. Adams, Ph.D., showed that bioelectrical signals are necessary for normal face formation in the Xenopus (frog) embryos.



<u>Challenges</u> the <u>traditional dogma that genes alone are sufficient</u> to build an organ or cause cellular patterning.

#### Source:

 $https://now.tufts.edu/2011/12/08/researchers-discover-changes-bioelectric-signals-trigger-formation-new-organs \\ https://now.tufts.edu/2011/07/18/face-frog-time-lapse-video-reveals-never-seen-bioelectric-pattern \\ https://news.harvard.edu/gazette/story/2019/07/wyss-researchers-has-electrifying-insights-into-how-bodies-form/$ 

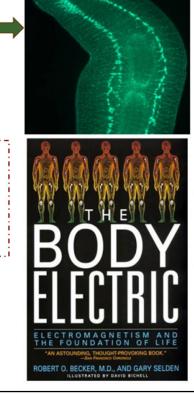


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## **BIOELECTRIC FIELD**

"the bioelectric potential is not just a byproduct of living; it is a <u>medium that cells exploit to</u> <u>communicate</u> with each other and to form networks that are much more than the sum of their parts." – Dr. Michael Levin, Ph.D.

A third communication system in the body, that is prenatal and is involved in morphogenesis!?

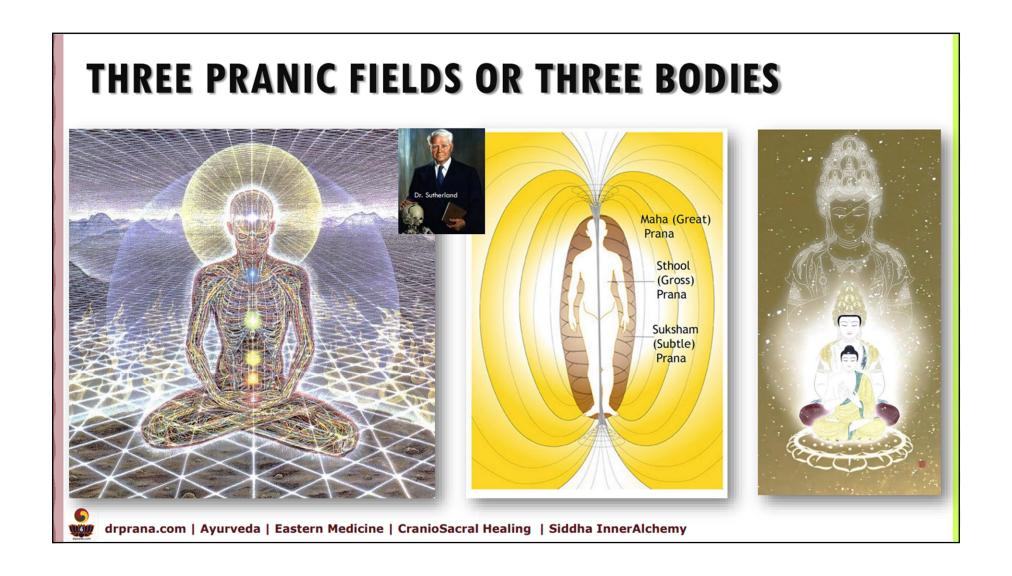




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### **CLINICAL IMPLICATIONS: BIOELECTRIC FIELD**

## Bioelectric and pulsed magnetic field: Energy

- 0.01-0.1 Gauss, 10 Hz: Neuronal Regeneration
- 6-8 Hz, 10-15 mins, 2x/week, 4 Weeks: Hypertension Reduction
- ❖ 10 Hz, 40-50 Gauss: Migraine Relief
- 4-12 Hz: Pain Reduction
- ❖40 Hz brain and spinal health



# Cultivate the Subtle: Inner Alchemy

- Extraordinary Channels
- Daoist Stillness practices
- Deeper aspects of Yoga
- Harmony with Nature
- Whatever helps to "quieten qi and reduce the activity of mind."





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